

August

Support friends and family in living a safe and healthy life.

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Friends and family play an important role in supporting our mental and physical health.



U.S. Department of
Health and Human Services
Centers for Disease
Control and Prevention

For more information on
women's health, visit
www.cdc.gov/women

Celebrating
20 years

OF PROMOTING WOMEN'S HEALTH

CDC OFFICE
OF WOMEN'S
HEALTH